



The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.



Hail Holy Queen

Hail Holy Queen,
Mother of Mercy.

Hail our life,
our sweetness and our hope.

To thee do we cry,
poor banished children of Eve;
to thee do we send up our
sighs, mourning and weeping in
this valley of tears.

Turn then, most gracious
advocate, thine eyes of mercy
towards us;

and after our exile, show unto
us the blessed fruit of
thy womb, Jesus.

O clement, O loving,
O sweet Virgin Mary.

*If you have used this
bulletin, please take it
home with you.*

Continue to practise good
hygiene. ***Please use the
hand sanitisers provided
in both of our Churches.***

Thoughts of Blessed Francis Jordan

But everything through God, with God, and for God. All
peoples, races, nations and tongues, glorify the Lord our
God.

POPE FRANCIS' PRAYER INTENTION FOR August For World Youth Day

We Pray that the World Youth Day in Lisbon will
help young people to live and witness the Gospel
in their own lives.

A warm welcome to all
our parishioners
and visitors who are
celebrating the
Eucharist with us
at Pittwater Parish
Sacred Heart Church and
Maria Regina Church

MASS TIMES

SACRED HEART CHURCH
1 Keenan Street, Mona Vale

WEEKDAY MASSES

Tuesday 8.30am
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 8:30 am, followed by Mass at 9.30am
Wednesday 9.30am
Thursday 7pm
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 7.30pm to 9pm
Friday 9.30am
First Friday of the Month, Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 9.30am, followed by Mass with Anointing of the Sick at 10.30am

WEEKEND MASSES

Saturday Vigil 5.00pm
Sunday 8.00am • 10.00am • 6.00pm (SOUL)

RECONCILIATION
4.00pm to 4.30pm Saturday

Baptism
4th Sunday - 11.30am

MARIA REGINA CHURCH
7 Central Road, Avalon

WEEKDAY MASSES

Monday 8am
Wednesday 8am
Thursday 10am
9am Exposition of the Blessed Sacrament, Adoration and Benediction at 9.45am
Friday 8am

Mass with Anointing of the Sick - First Friday of the Month at 8am

WEEKEND MASSES

Saturday Vigil 6.00pm
Sunday 9.00am

RECONCILIATION
Before Vigil Mass on Saturday
BAPTISM
3rd Sunday - 11.00am

We Pray *for*

Deceased Anniversary

Matthew Seve
Matthew Robert
Williams

Recently Deceased

Catherine Teresa
Sheeran
Peter Butt

Prayer for the Sick

Anna Smigowska
Guy Zofrea
Avelino Samartin
Jeff Langley
Mark Linfiels
Nick Moullakis
Bill Eyre
Brian Gregan
Marcia Bailey
Bec Burroughs
Susan Hickey
Margaret De Landre
Maeva Robinson
Jenny Carroll
Matt Ukishima
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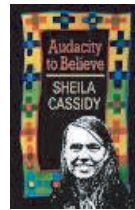


Vinnies

New stock is now available at the Vinnies Sacred Heart Piety Store for the First Holy Eucharist. All proceeds of the Piety Store go to St Vincent de Paul. All transactions are CASH only, as we do not have EFTPOS facilities. Any queries, please contact the Parish Office on 9157 0999.

BOOK REVIEW

Audacity to Believe
An Autobiography
by: Sheila Cassidy



Her own experiences let Sheila to write about how spirituality wrestles with the social and political needs of the world.

Liturgy for the Week

- 21/08 Monday, St Pius X
Judges 2:11-19; Mt 19:16-22
- 22/08 Tuesday, The Queenship of the Blessed Virgin Mary
Judges 6:11-24; Mt 19:23-30
- 23/08 Wednesday, Ordinary Time 20
Judges 9:6-15; Mt 20:1-16
- 24/08 Thursday, St Bartholomew
Rev 21:9-14; Jn 1:45-51
- 25/08 Friday, Ordinary Time 20
Ruth 1:1, 3-6, 14-16, 22; Mt 22:34-40
- 26/08 Saturday, Ordinary Time 20
Ruth 2:1-3, 8-11; 4:13-17; Mt 23:1-12

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Parish of
Pittwater

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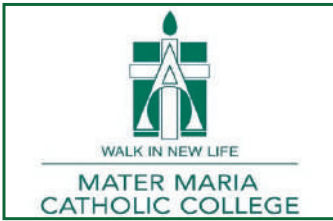
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2023
Our Year of
Stewardship



Parish Bulletin - Term 3, Week 5

On Tuesday, our College community celebrated Eucharist for the Solemnity of the Assumption of the Blessed Virgin Mary. At this Mass for our Holy Day of Obligation we celebrated the namesake of our Patron, Mother Mary, our first and most perfect disciple as our exemplary woman of faith, grace and discipleship. Mary's unwavering devotion to Jesus guides us to open our hearts to God's will.

Our Year 7 Historians embarked on an exciting journey into the past month by researching and recreating ancient Egyptian artifacts. We were very impressed with the time and effort that the students put into this project and as a result, we exhibited the work of all students who opted to have their artefacts showcased. The exhibition allowed parents and fellow students to marvel at the dedication and creativity exhibited by our young scholars.

Wednesday proved to be a big day for our Pastoral Care emphasis in our College. Brainstorm Productions engaged our Year 8 students in an entertaining performance that fostered resilience and vital life skills. For our Creative and Performing Arts students, many from years 9 to 11 were treated to the magical experience of "Beauty and the Beast" at the Capitol Theatre.

The Kids' Cancer Project has been asking schools to host 'The Write a Book in a Day' challenge for many years and Mater Maria has been responding compassionately. This Friday witnessed our students collaborating in small groups within the Benedict Learning Centre, undertaking this heartwarming task of crafting children's books for the young patients at Westmead Hospital.

Regardless of results, this will provide many contemporary books for children who are hospitalised and undertaking cancer treatments. The 'Write a Book in a Day' event not only cultivated camaraderie but also instilled a deep appreciation for literature and the power of storytelling where they worked from 7am to 7pm, and we are so proud of the generous efforts from students and the staff who supported them.

The College has introduced "Faith Fridays" which is a youth group gathering in our Chapel and Courtyard. This upbeat sharing of faith and music started with our recently-returned WYD students giving Chapter 1 of their recent WYD Pilgrimage to Lisbon, leaving students and staff in awe of their extraordinary journey.

Our College Advisory Board held a retreat where they engaged in scriptural exegesis of The Parable Samaritan. They also had a guided walking tour of St Mary's Cathedral, St Scholastica's College Glebe and Rosebank College as we explored Bishop Bede Polding and the Catholic response of the Good Samaritan Sisters as Australia's first religious order.

For those seeking to join our enriching educational journey, applications for Year 7, 2026 and beyond are now open. While Year 7, 2024 and Year 7, 2025 have waiting lists in place, we encourage prospective students and parents to learn more about our offerings by visiting <https://matermaria.nsw.edu.au>.

Our college values at Mater Maria Catholic College - Community - Hospitality - Justice - Spirituality - Stewardship - are touchstones for us in our journey of bringing our follow Jesus.

Parish Directory

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Mobile 0421 907 469
Veronica Thomas
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Parish Office Hours
Monday to Thursday
9.00 am to 4.00 pm
Friday
9.00 am to 12.00 pm

Sacred Heart Church
1 Keenan Street Mona Vale
Maria Regina Church
7 Central Road Avalon

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Sacred Heart School
el 8197 6900
Principal: Mr Jamie Wahab

AVALON
Maria Regina School
Tel 9918 2608
Principal: Miss Kirsty Thorpe

WARRIEWOOD
Mater Maria Catholic College
Tel 9997 7044
Principal: Mr Marc Reicher

WE NEED MORE CATHECHISTS

"Catechists are people who keep the memory of God alive; they keep it alive in themselves and they are able to revive it in others."

-Pope Francis

For those who are interested please contact our amazing CCD Catechist Coordinators:
Maureen Wooldridge at 0421 907 469 and
Veronica Thomas at 0417 061 534



Queenship of Blessed Virgin Mary 22 August: Queenship of Blessed Virgin Mary—Memorial



A great sign appeared in the sky, a woman clothed with the sun, with the moon under her feet, and on her head a crown of twelve stars. ~Revelation 12:1

The twentieth century saw a great resurgence in devotion to the Mother of God. Several decades prior to that century, on December 8, 1854, Pope Pius IX declared the Dogma of the Immaculate Conception. Four years later, the Blessed Mother appeared to Bernadette Soubirous, a fourteen-year-old peasant girl, in Lourdes, France. In this apparition, when Bernadette asked who the Heavenly Lady was, she responded, "I am the Immaculate Conception." This mystical confirmation of the papal dogma sparked great devotion to the Mother of God, and Lourdes became a frequent pilgrim site where many miracles have taken place.

In 1916, three shepherd children in Fátima, Portugal received three apparitions from the Angel of Peace, the Guardian Angel of Portugal. Then, in 1917 they received six apparitions from the Lady of the Rosary, as she called herself. On the day of her final apparition, some 70,000 had gathered and all witnessed the promised miracle. A pouring rain immediately stopped, the sun danced and plunged to the earth, and everything and everyone were immediately dry. This apparition and miracle continue to fuel devotion to the Mother of God.

In 1950, Pope Pius XII issued an apostolic constitution by which he declared as a dogma of our faith "that the Immaculate Mother of God, the ever Virgin Mary, having completed the course of her earthly life, was assumed body and soul into heavenly glory." Since Jesus is the King of Kings, and since He sits on His throne at the right hand of the Father in Heaven, and since his mother was assumed into Heaven, body and soul, then the logical conclusion flowing from these truths necessarily leads us to today's memorial.

Early Church Fathers used what is referred to as "typology" to clearly establish the continuity between the Old and New Testaments. For example, though King Solomon sinned, he is also a prefigurement, or "type" of Christ

because he was a peacemaker, filled with wisdom, and built the Temple. Saint Augustine, in his commentary on Psalm 127, states that our Lord is "the true Solomon" and that "Solomon was the figure of this Peacemaker." The true Peacemaker is Christ, and just as Solomon built the Temple, so our Lord built the true Temple of His Body, the Church.

Following this form of typology, the Book of I Kings states, "Then Bathsheba went to King Solomon to speak to him for Adonijah, and the king stood up to meet her and paid her homage. Then he sat down upon his throne, and a throne was provided for the king's mother, who sat at his right. She said, 'There is one small favor I would ask of you. Do not refuse me.' The king said to her, 'Ask it, my mother, for I will not refuse you'" (1 Kings 2:19-20). If King Solomon, an Old Testament type of Christ, honored his Queen Mother's requests and sat her on a throne next to his, then so much more does our Lord, the true King of Kings, do so with His mother. Therefore, today's memorial celebrates the fact that, in Heaven, Jesus' mother is seated on a throne next to His, and like Solomon, Jesus says with certainty to her, "Ask it, my mother, for I will not refuse you."

It is for these reasons, that on October 11, 1954, four years after the proclamation of the Assumption, Pope Pius XII instituted the Memorial of the Queenship of Mary with his encyclical letter, *Ad Caeli Reginam* (The Queen of Heaven). This memorial was first assigned the date May 31, which followed the Memorial of the Immaculate Heart of Mary. However, in 1969, Pope Paul VI moved the date to August 22, eight days after the Solemnity of the Assumption of the Blessed Virgin Mary. In large part, this was done to create an octave of anticipation and to show that the Assumption necessarily results in the Mother of God being also the Queen Mother of Heaven and Earth.

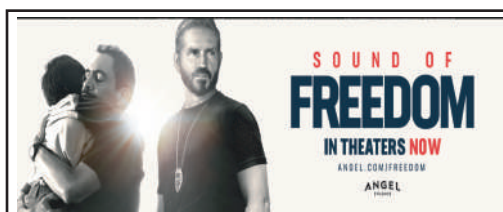
As Queen, Mother Mary not only intercedes on our behalf, she also acts as her Son's mediator. From her heavenly throne, the Queen Mother of Heaven and Earth is entrusted with the grace of God. She is not the source, but she is privileged to be the instrument of distribution. As a loving mother, nothing pleases her more than to lavish every good thing upon her children on earth. She longs to gather all of her children together in Heaven, with and in her divine Son.

Though the liturgical and theological evolution of today's memorial might seem complex, the heart of it is simple. We not only have a mother in Heaven, we also have a Queen Mother. As Mary is the Queen Mother of God, we must turn to her with childlike faith and simplicity. As a young child runs to a loving mother in time of need, never questioning her love, protection, and care, so we must run to her. She is our protectress, our refuge, our hope, and our sweet delight. Her affection is perfect and her motherly love unmatched.

As we honor the Queen of Heaven today, ponder the Church's ever-deepening understanding of her role. As the Church has increased its comprehension of Mary's exalted role through the centuries, so we must individually make this discovery throughout our lives. Turn to her, seek her prayers, rely upon her intercession, and honor her as your mother and your queen.

Mother and Queen of Heaven, this day I run to you as a child with confidence and trust. You are the glorious Queen Mother, reigning over all of your children with love and mercy. Please pray for me, and bestow upon me all that I need. I open my heart to the grace of your Son, which you are entrusted to dispense. Make me holy and free from sin, so you can present me spotless and pure to your beloved Son, the King of the Universe. Queen of Heaven, pray for me. Jesus, I trust in You.

My Catholic Life!



"Sound of Freedom" continues to spread a message of hope in Australian Cinemas starting 24 August 2023. It has reached over 3,400 theatres and hitting \$130 million in the US Box Office.

Sound of Freedom is a true story film that exposes the darkness of child trafficking. A federal agent saves a boy from traffickers, but his sister is still captive. He embarks on a dangerous mission, risking his life to free her from a fate worse than death. Based on the gripping true story of a man's mission to rescue children from the darkest corners of the world. This action-packed drama shines a light on the harrowing reality of sex trafficking and the valiant efforts of those who work tirelessly to combat it. You can see "Sound of Freedom" in theatres around the world.

Fight for the light. Silence the darkness. GOD's Children are NOT for Sale.

**Coming soon to Cinemas
near you on the 24th August**

**United Cinema, Avalon
United Cinema, Warriewood
United Cinema, Collaroy**

Newly Framed Divine Mercy Painting at Maria Regina Church

Thank you so much for your support and generosity, we have framed our beautiful Divine Mercy painting at Maria Regina Church in Avalon. Fr Zygmunt Smigowski blessed the newly framed painting last Saturday, 12th of August.



The woman who had faith in Jesus

20th Sunday in Ordinary Time, Year A



Draw the Canaanite woman asking Jesus for help. Write down what the apostles and the woman each said to Jesus.



Who are the outcasts in our community? Write them in the footprints.

The Canaanite woman persisted because of her strong belief that Jesus would cure her daughter. Use the words below to find out what Jesus said.



_____, you have

 ____ your ____
 be _____.

- granted
- wish
- faith
- Woman
- Let
- great

Mt 15:21-28

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COMBATING HOMELESSNESS TOGETHER



Vinnies

Piety Store

There are "Pre-loved" and "Never been Worn" First Communion Dresses available in the Piety Store.

All proceeds of the Piety Store go to St Vincent de Paul. All transactions are CASH only, as we do not have EFTPOS facilities. Any queries, please contact the Parish Office on 9157 0999.



RCIA- New Programme to Start in September 2023

For many years we have been conducting RCIA in our Parish, but this year we have modernised and simplified the programme to make it easier for interested parties to follow the sessions in their busy life schedule. RCIA stands for Rite of Christian Initiation of Adults and is designed for people of any denomination who are interested to learn about our Catholic tradition; Catholics who simply want to be updated on their knowledge of faith and spirituality would also be most welcome to join. Those who are not baptised, as well as Christians of other denominations, will be invited to become full members of our Catholic Community at the end, at Easter 2024, when they receive the Sacraments of Initiation:

BAPTISM, CONFIRMATION AND HOLY EUCHARIST

If you head over to www.bbcatholic.org.au/pittwater There is a short video giving an introduction and touches on questions, potential candidates may have on their minds.

All are most welcome to join our informal group sessions.

Simply register your interest at the Parish Office, 9157 0999 or by email at office@pittwaterparish.org by Thursday, 31st August 2023.

The *Living* Word

Entrance Antiphon

Psalm 83:10-11

Turn your eyes, O God, our shield;
and look on the face of your anointed
one; one day within your courts
is better than a thousand elsewhere.

First Reading

Isaiah 56:1.6-7

A reading from the prophet Isaiah

I will lead the foreigners to my holy mountain.

Thus says the Lord: Have a care for justice, act with integrity, for soon my salvation will come and my integrity be manifest.

Foreigners who have attached themselves to the Lord to serve him and to love his name and be his servants – all who observe the sabbath, not profaning it, and cling to my covenant – these I will bring to my holy mountain. I will make them joyful in my house of prayer. Their holocausts and their sacrifices will be accepted on my altar, for my house will be called a house of prayer for all the peoples.

The word of the Lord

Responsorial Psalm

Ps 66:2-3 5-6. 8. R. v.4

(R.) O God, let all the nations praise you!

O God, be gracious and bless us
and let your face shed its light upon us.
So will your ways be known upon earth
and all nations learn your saving help.

(R)

Let the nations be glad and exult
for you rule the world with justice.
With fairness you rule the peoples,
you guide the nations on earth. **(R.)**

Let the peoples praise you, O God;
let all the peoples praise you.
May God still give us his blessing
till the ends of the earth revere him. **(R.)**

Second Reading Romans 11:13-15. 29-32

A reading from the letter of St Paul to the Romans

The gifts and call of God are irrevocable.
Let me tell you pagans this: I have been sent to the pagans as their apostle, and I am proud of being sent, but the purpose of it is to make my own people envious of you, and in this way save some of them. Since their rejection meant the reconciliation of the world, do you know what their admission will mean? Nothing less than a resurrection from the dead! God never takes back his gifts or revokes his choice.

Just as you changed from being disobedient to God, and now enjoy mercy because of their disobedience, so those who are disobedient now – and only because of the mercy shown to you – will also enjoy mercy eventually. God

has imprisoned all men in their own disobedience only to show mercy to all mankind.

The word of the Lord.

Gospel Acclamation

Matthew 4:23

Alleluia, alleluia!

Jesus preached the Good News of the kingdom and healed all who were sick.

Alleluia!

Gospel

Matthew 15:21-28

A reading from the holy Gospel according to Matthew

Woman, you have great faith.

Jesus left Gennesaret and withdrew to the region of Tyre and Sidon. Then out came a Canaanite woman from that district and started shouting, 'Sir, Son of David, take pity on me. My daughter is tormented by a devil.' But he answered her not a word. And his disciples went and pleaded with him. 'Give her what she wants,' they said 'because she is shouting after us.' He said in reply, 'I was sent only to the lost sheep of the House of Israel.' But the woman had come up and was kneeling at his feet. 'Lord,' she said 'help me.' He replied, 'It is not fair to take the children's food and throw it to the house-dogs.' She retorted, 'Ah yes, sir; but even house-dogs can eat the scraps that fall from their master's table.' Then Jesus answered her, 'Woman, you have great faith. Let your wish be granted.' And from that moment her daughter was well again.

The Gospel of the Lord

Communion Antiphon

Psalm 129:7

With the Lord there is mercy;
in him is plentiful redemption.

REFLECTION

by Dianne Bergant CSA

The overarching theme derived from today's readings is the question of insider-outsider. We see here that the divisions and barriers that emerge out of human experience have been shattered by the graciousness of God. Jesus' openness to 'the other' finds a precedent in the prophetic tradition. Isaiah spoke of a time when outsiders would join insiders in worshipping God, thus dissolving the categories of insider and outsider. He was, of course, referring to the age of eschatological fulfilment. This age dawned with the coming of Jesus. Jesus himself moved out of the constraints of his own cultural worldview, and he directs us to do the same. People are either excluded because of gender, culture or religious perspective, or included only because

they are able and willing to conform to discriminatory standards. In the reign of God, this should not be the case. People are accepted along with their own cultural profiles.

God's embrace first enclosed even those who rejected Jesus, and then God's plan of salvation unfolded in a new way. An invitation to enter the kingdom was issued to the Gentiles, those who had been considered outsiders. If outsiders are now insiders, what has happened to the former insiders? Paul insists that they are still insiders. God has not simply shifted the identifying boundaries; God has dissolved them. In the interim between the dawning of the eschatological age and the end of time, the invitation to be included remains open to all.

© Dianne Bergant CSA

Ignite Conference 2023



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28 September - 1 October

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Bishop Anthony Randazzo
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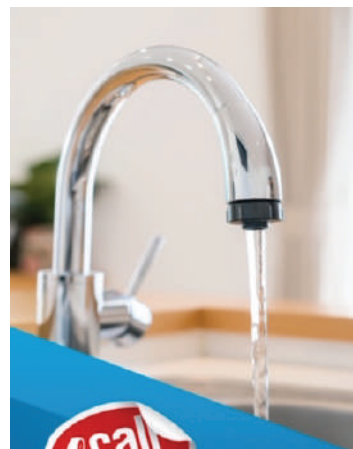


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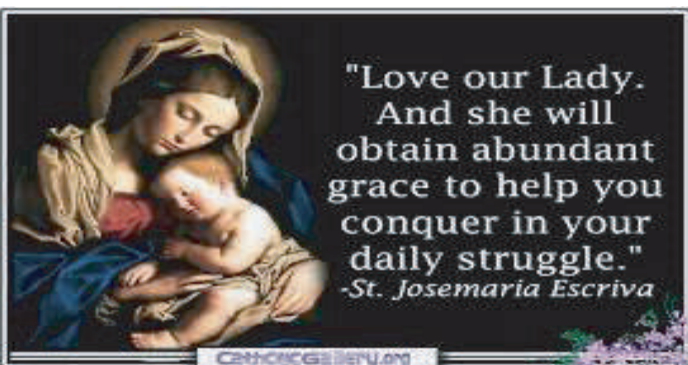
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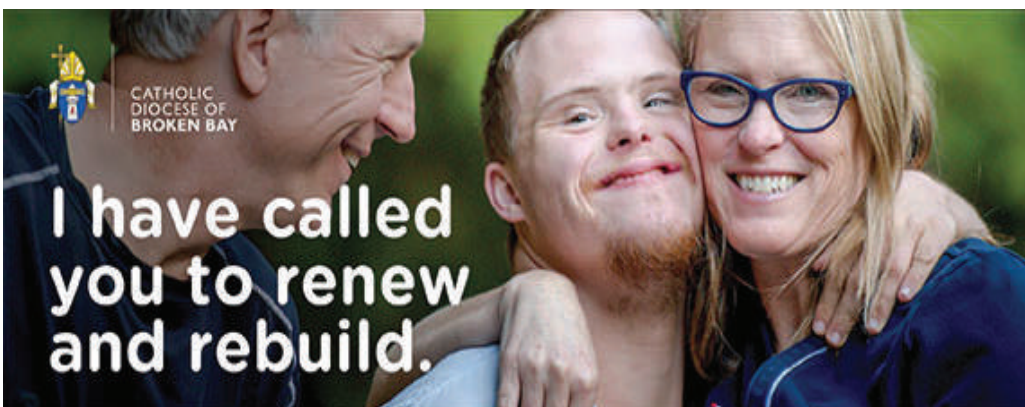
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conquer in your
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-St. Josemaria Escriva

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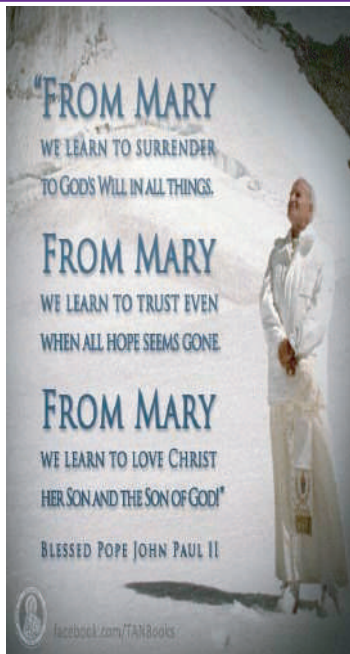


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